



U3A Granite Belt Inc.



Website
www.u3agranitebelt.org.au

FEBRUARY 2024 NEWSLETTER

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Welcome to 2024. Our hope is that everyone enjoys good health and the company of others throughout the year.

Thank-you

Lyn Haselgrove has had to resign her position as treasurer on the Management Committee. Many, many thanks Denise Harslett for offering to take on the role. Denise's nomination will have to be ratified at the February General Meeting.

Thank you Lyn for the work you have done for the Management Committee over the past few years. We wish you well for the future.

While reading the newsletter, you will notice two new activities for members. Firstly, a new science course with Fran and the second is a current affairs discussion group. The aim of the discussion group is to listen to members' views and express your opinions on the topics for discussion on the day. If you enjoy listening to a range of opinions on a topic, come along to the first session on the 8th February.

If you were educated in Queensland, you might enjoy a trip down memory lane while reading Pauline's poem on Page 4. As soon as Pauline began telling the poem, I was taken back to the Grade 4 reading book and my teacher Mrs Morrison.

The Social Committee has planned some very interesting speakers for the bimonthly general meetings and has interesting thoughts for outings and social activities.

*To forget how to dig
the earth and to tend
the soil is to forget
ourselves.
Mahatma Gandhi*

Reminder:

The last day for contributions for the newsletter is **25th** of the month. Please keep your contributions to a maximum of **300 words**

Position Vacant

Newsletter editor.

As I will be away at the time several of the newsletters will be compiled this year, I am unable to continue with the role of editor after April. If you are interested in learning about U3A, please contact me at u3agbnews@gmail.com. The role of editor is not arduous but can be time consuming at the end of each month. *Julie*

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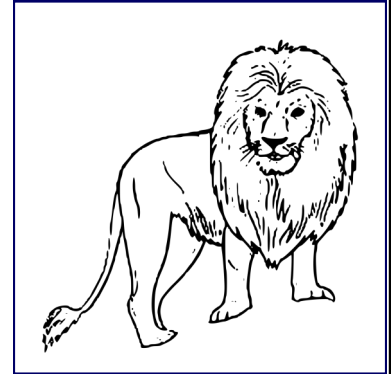
*LET'S SOCIALISE**LES KIRMSSE*

The Social Committee has come up with some interesting ideas for guest speakers and social activities in 2024.

Our guest speaker at the general meeting on 15th February will be Melissa Hamilton. Melissa has a background in International finance and infrastructure. and is deeply interested in local government and water management.

Remember we have general meetings and social activities on the third Thursdays of alternate months. In March we plan a casual pizza picnic. Save the date 21st March. There will be further details re times and cost in the March newsletter.

Are you interested in exploring the Darling Downs Zoo? If so, please contact Kathy on [0429 361 705](tel:0429361705) or illyd3343@gmail.com who will organise an outing to the zoo if there is sufficient interest. The admission cost is \$38 per person for a concession ticket or \$45 for non concession tickets.

*SCIENCE**FRAN TOBIN*

This year we will study the gut (our digestive system).....the inside story of our body's most under-rated organ.

We will cover a variety of topics including the structure of the gut; allergies and intolerances; things which can go wrong with our gut, such as reflux and vomiting; and gut flora (our microbiome)

We will meet as usual at 10.30, on the 4th Thursday of the month, at the Learning Centre at the High School.

Our first session will be on Thursday February 28th. If you are interested please let me know, either by text 0411 103 171 or email ftobin1941@gmail.com.

The February science session will be held at the International Club as the Learning Centre is not available.

*THE HISTORY OF MOVIES**TOM DREWELL*

They've been the source of laughter, sadness, heavy thought and light relief.

For the past 125 years, we've been entertained by the movies, and this month we begin a look into how they began and at the people who produced and featured in them.

In our first session we'll go right back to the start - the Silent era - when the producers and actors were finding their way, and audiences marvelled at this new-found discovery.

See you at the movies at the International Club, 10.30, Friday 9th February.

If you are interested, please let me know at drewelleslie@gmail.com or text 0468 384 587

GARDEN GROUP**LEON MCCOSKER**

Due to inclement weather the planned visit to Lyn and Peter Haselgrove's property for our end of year get together was cancelled, and instead the meeting was held in the International Club. We had a lovely morning tea with a Christmas theme.

Lyn said it was unfortunate we could not have visited their property as they had two callistemons in full bloom, one a mauve colour and a "Marshell Crossing Red".

Kerrie thanked everyone for their support and input for another excellent year of activities for the U3A Garden Group.

Barry thanked Kerrie and Leon for the work they did, not only for the Garden Group but other activities in the community as well.

Members were asked to bring along plants to share, and most people went home with a different plant.

The January Garden Group Meeting was held at Artworks in the Railway Station on 17th January . There were several suggestions for outings for the group including one to Tabulum, a visit to an organic farm and other gardens in the Granite Belt region. A trip to the Japanese Garden or the Queensland State Rose Garden in Toowoomba was also discussed.

The February outing will be to Belinda Lister's garden at Belinda Lister's 541 Dalcouth Road, Dalcouth Please bring morning tea to share. There is no need to bring a chair.

MOSAICS**MARGY DAWSON**

On the last day of Mosaics, the members of the group were welcomed to the shed by an enormous Santa!

The group finished the year on a high note with lunch and laughter at the RSL.

One of the positive aspects of mosaics is that it allows members to develop their own ideas in a supportive atmosphere.

The group is looking forward to getting their creative juices flowing in 2024. Several members are preparing entries for the show. Good luck with your entries.

New members would be welcome, please contact Margy on 0459 513 852

**Tuesday Book Group**

The book for discussion for February has a very intriguing title *The Housekeeper and the Professor* by Yoko Ogawa. I have just read some of the reviews and the book may have to go on my reading or listening list.

COURSES AND ACTIVITIES

Please contact Mary 0427 142 331 if you have ideas for new courses or activities.

*CURRENT AFFAIRS DISCUSSION GROUP**JULIE BARNES*

This is a new discussion group for U3A. The February meeting will decide by consensus how this group will continue. The aim is for members of the group to decide the topics for discussion at each meeting. The topic for discussion at the February Meeting will be The Gaza War and the implications for the rest of the world. Please text Julie 0417 074 520 if you are interested in attending.

*WEDNESDAY BOOK GROUP**LYNDA BLACKSTOCK*

Here is the latest news scoop

*I've heard of an awesome book group
They take books that they've read
And, tear them to shreds
They're simply a super book group!!*
* written by Laura M

Our last meeting of 2023 was spiced with individually chosen poems and/or lively limericks as referenced by the above personally creative masterpiece.

There were a number of 'specials' for our December 6th meeting that included:

- a different meeting venue. We enjoyed our usual discussions with a favourite beverage, followed by a light lunch at the Jersey Girls Café in Thulimbah.
- the criteria for discussion was NOT the usual nominated book, but, rather each member presented their personal selection of unique limericks, favourite poems or both - listening to witty quotes/limericks taken from a long-forgotten book published early in the last century: "The Scot Scotched"
- a surprise appearance by former U3A book group member Laura M
- our 'thank you' to Pauline, as we were entertained with her full production number/interpretation of the still-memorised year four primary school poem *Choosing Shoes* by Frida Wolfe:



New shoes, new shoes,
Red and pink and blue shoes.
Tell me, what would you choose,
If they'd let us buy?

Buckle shoes, bow shoes,
Pretty pointy-toe shoes,
Strappy, cappy low shoes;
Let's have some to try.

Bright shoes, white shoes,
Dandy-dance-by-night shoes,
Perhaps-a-little-tight shoes,
Like some? So would I.

BUT
Flat shoes, fat shoes,
Stump-along-like-that shoes,
Wipe-them-on-the-mat shoes,
That's the sort they'll buy.



In summary, our final session of 2023 was outstanding and we're looking forward to 7th February 2024 where we will commence another year of lifelong learning through our Wednesday Book Group interactions.

AIMS of U3A Granite Belt Inc.

To provide members with affordable education and learning activities covering a wide range of different subjects.
 To provide members with the opportunity to study and learn in a relaxed environment.
 To nurture the minds, bodies, and souls of members.

President:	Julie Barnes	0417 074 520
Vice-President:		
Secretary:	Margaret Porter u3agbinc@gmail.com	0491 093 157
Treasurer:	Lyn Haselgrove	0409 006 063
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Webmaster:	Lynda Blackstock	0421 327 377
Facebook Admin:	Lynda Blackstock	0421 327 377
	Julie Barnes	0417 074 520
	Marg Porter	0491 093 157
Grievances	Contact the Secretary for more information.	
Newsletter	Send articles to u3agbnews@gmail.com by 25th of the month.	

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Heritage Bank
 BSB 638070

Account Number: 13712268
 (Heritage Members add S21 to the account number.)

GERMAN

IRENE GREVIS-JAMES

Welcome back all students, old & new, to U3A German. We hope to continue our busy & happy class-work, including all aspects of the German language & culture. Please NB that the participants' contributions are a major reason for the ongoing interest in this course.

Thanks to the high musical talent of the members, we usually go home after a happy musical finale to the session.

Ja, Willkommen, alle Studenten! Wir planen weiterhin die Deutsche Sprache & Kultur zu diskutieren.

CLASSES for TERM 1, 2024 will be:-
 TUESDAYS, 6 & 20 February and 5 & 19 March.

Then we will celebrate EASTER/OSTERN.

Alles Gute bis nächstes Mal.

Rotary Club Aging Well Morning Teas are held on third Friday of the month (16th) at 10.00am at 15 Hilton Street. All welcome.

****Please bring your morning tea. Other information is included in articles or group reports.**

Day/s	Activity	Venue	Contact
Every Monday, Wednesday & Friday	Walking Group 6.30am	Outside The Reject Shop	Ria 0427 349 977
Every Monday	Tai Chi 10am & 1pm	International Club	Kaye k.mcc3@hotmail.com
Every Monday	Beginner Ukulele		Heather 0448 800 491
Every Monday	Mahjong from 1.00pm	International Club	Robyn 0423 153 514
Every Tuesday	Dam Pluckers 2.00pm	International Club	Heather 0448 800 491
Occasional Tuesdays	German	RSL	Irene 0437 373 929

Date	Activity	Venue	Contact
Tuesday 6th	Book Group 10.00am	International Club	Mary 0427 142 331
	German 10.00am	RSL	Irene 0437 373 929
Wednesday 7th	Book Group 10.00am	International Club	Julie 0417 074 520
Thursday 8th	Current Affairs Discussion Group 10.00am	High School	Julie 0417 074 520
Friday 9th	The History of Movies 10.30am	International Club	Tom 0468 384 587
Tuesday 13th	**Mosaics From 9.00am	Pete's Shed	Margy 0459 513 852
Thursday 15th	General Meeting Guest Speaker Melissa Hamilton	International Club 10.00am	Marg P 0491 093 157
Tuesday 20th	German 10.00am	RSL	Irene 0437 373 929
Wednesday 21st	**Garden Group 10.00am	Belinda Lister's Garden	Kerrie 0488 732 638 Denise 0428 833 168
Tuesday 27th	**Mosaics From 9.00am	Pete's Shed	Margy 0459 513 852
Thursday 29th	Science 10.30am	International Club	Fran 0411 103 171